

# Teen Connections Itinerary

March 16, 2024 | The Universities at Shady Grove, Rockville, MD

## ARRIVAL AND ACQUAINTANCE

MORNING **Arrival:** Registration and Breakfast

MORNING Welcome, Introductions, and Keynote speech

## TEEN CONNECTIONS

10:00-10:45 Teens transition into Teen Room, Icebreakers and Introductions

10:45-11:45 “Teen Talk with Alec”: Alec discusses “Resiliency, the 7 Crucibles & Why It Matters.” Alec will present using his personal stories and facilitated questions

11:45-12:45 Lunch with Alec and Book Signing

12:45-2:00 Alec and Teens will create an individual playbook canvas art piece

2:15-3:15 Finish teen art project, prepare for closing presentation and engage in outdoor activities

## CONFERENCE CLOSING

3:30-4:20 **Teen presentation:** Teens can share their playbook and staff can provide an overview of their day with Alec

4:20-4:30 Raffle and closing